## 22 YEARS of COMMITMENT to the GLAMORGAN-





# **SEASONAL** WORKERS RETURN **TO SWANSEA** BACKPACKERS

2024

A group of 50 workers aged between 23-53 has returned to the area to work on a 3 month employment contract.

The workers are employed on the Federal Government's PALM (Pacific Australia Labour Mobility) Scheme which allows eligible Australian businesses to hire workers from 9 Pacific Islands and Timor-Leste to help fill labour gaps in rural and regional Australia for agriculture when there are not enough local workers available. It gives employers access to a pool of reliable, productive workers who are then able to develop their work skills, experience another culture and send income home.

The present group consists of 17 workers from Timor-Leste and 33 workers from Vanuatu including 14 females and 36 males. They are accommodated at the Swansea Backpackers and have exclusive use of the property for the duration of the program. Workers depart on two buses for work each week-nj day at 6am. They are self-catering and are rostered in teams to ensure the communal areas are kept in a clean and tidy state.

Feel free to call into the hostel at any time to chat to the workers

# MAST

GREAT OYSTER BA

MARINE and SAFETY TASMANIA TAKE CARE BUYING **SECOND-HAND** BOATS

Every year at Agfest, MAST has the privilege of engaging with thousands of Tasmania's boating enthusiasts from around the State.

This year, one of the highlights for MAST was the significant interest in our showcased vessel, the "half-boat" Monica.

We cut the boat in half to clearly demonstrate the potential pitfalls associated with older fibreglass boats.

The Monica, a small, old fibreglass half-cab vessel with which many Tasmanians are familiar, serves as a prime example.

Older boats may conceal structural issues such as rotten transoms, bulkheads, and floor timbers, underscoring the need for a thorough inspection when considering the purchase of a pre-owned vessel.

We also discussed buoyancy requirements with numerous visitors at our stall. We were pleased to learn that our demonstrations influenced at least four individuals to reconsider purchasing older second-hand boats.

Chris MacGregory Many boats can be retrofitted with buoyancy,

## ISSUE 23.2024

but it is important to have a clear understanding of the process.

91

Our consistent advice to prospective boat buyers is to take someone with you who is knowledgeable about boats.

Last year, MAST introduced new legislation to improve the transfer and registration process for recreational vessels. The changes centred around ensuring the vessel is not unsafe.

Older vessels may have been modified since their construction and could pose safety risks due to alterations such as engine upgrades, added fixtures, and increased weight from equipment like pot haulers, larger fuel tanks and auxiliary motors.

Under the new legislation, both the buyer and the seller are required to declare that the boat is not unsafe when registering or selling a vessel. Both the seller and purchaser must notify MAST of the transfer within 14 days. -

Another highlight at Agfest was MAST's display of the latest range of EVDS (Electronic Visual Distress Signals) devices.

These devices, available at any of our Boat Safe partners, are an alternative to the two traditional red and orange handheld flares, provided a GPS -enabled EPIRB and a VHF radio are also carried, and offer several advantages:

Emitting a white light that meets specific intensity requirements. Capable of automatic signalling S-O-S for at least 3-5 times per minute for 6 hours. Equipped with an independent power source (batteries). Floating with the lens

surface at or above the surface of the water.

Featuring a waterproof switch.

A significant benefit for the Tasmanian boating community is the ability to test EVDS before going out on the water - which you can't do with the traditional flare.

While MAST continues its annual collection and disposal of outdated flares, this incurs a significant cost of approximately \$30,000 annually.

With the increasing adoption of EVDS, the use of traditional flares is expected to diminish over time.

Peter Hopkins, MAST General Manager Recreational Boating Safety & Facilities

## **OPENING TIMES**

## SWANSEA ONLINE

ACCESS CENTRE Inc. swansea.oac@decyp.tas.gov.au GREAT OYSTER BAY COMMUNITY NEWS

gobcnews@gmail.com Franklin St. Swansea (in library) Phone: 0424 425 908 OPEN 10am - 3pm Mon + WED - FRI CLOSED TUESDAY/SATURDAY/SUNDAY & PUBLIC HOLIDAYS

#### SWANSEA LIBRARY

Franklin St. Swansea (at Primary School) Phone: 6257 8607 OPEN TUESDAY & THURSDAY 9.30 am–12.30pm 1.15pm-4.15pm CLOSED ALL OTHER DAYS + PUBLIC HOLIDAYS

#### **BICHENO LIBRARY**

78 Burgess Street (at Town Hall) Phone: 6387 5609 OPEN TUES & THURS 10am - 2pm WED 10am - 4pm SAT 10am - 12noon CLOSED FRIDAY/SUNDAY/MONDAY + PUBLIC HOLIDAYS

#### **ORFORD LIBRARY**

30A Charles Street Phone: 6123 4039 OPEN

TUESDAY 10.00am-1.00pm 2.00pm-4.30pm WEDNESDAY 10.00am-2.00pm FRIDAY 10.00am-1.00pm 2.00pm-6.00pm CLOSED ALL OTHER DAYS + PUBLIC HOLIDAYS

## **OPENING TIMES**

#### SPRING BAY ONLINE ACCESS CENTRE Inc.

Vicary & Melbourne Street, Triabunna Phone: 0472 511 136 springbay.oac@decyp.tas.gov.au OPEN 9:00am - 1.00pm Mon - WED CLOSED WEEKENDS & PUBLIC HOLIDAYS

#### SWANSEA GENERAL PRACTICE

May Shaw, Wellington St. Swansea OPEN MONDAY - FRIDAY 9.00am - 1.00pm 2.00pm - 5.00pm For an appointment phone 6257 8205

#### SWANSEA COMMUNITY & MEN'S SHED

**OPEN TUESDAY - FRIDAY 10am TO EARLY AFTERNOON** Contact Colin Stevenson for details Phone: 0400 030 746

#### POP UP BOOK STALL (PUBS)

Community Hall, Vicary St. Triabunna. Open Wednesday to Sunday 10.30-3pm (plus Public Holiday Monday10th June) N.B. Over winter opening hours & days may vary – please check our Facebook page. Enquiries: Chris 0458560753; Beth 0407571181; Judy 62571262 or 0438571262 www.facebook.com/PopUpBookStall; email popupbookstall@hotmail.com

#### EAST COAST HERITAGE MUSEUM

22 Franklin Street, Swansea OPEN 10am - 4pm Mon - FRI CLOSED GOOD FRIDAY & CHRISTMAS DAY www.eastcoastheritage.org.au

## **OPENING TIMES**

#### SWANSEA RSL SUB - BRANCH INC. BAR OPEN

Mon - Tue 3pm - 7pm Wed - Thur 3pm - 9pm Fri 3pm - 10pm. Sat 11am - 10pm. Sun 12 noon - 6.30pm **BISTRO OPEN** Wed - Sat 5.30pm - 8.00pm Sun 12 noon - 2.00pm To make a booking please call (03) 6257 8188

#### MORRIS SUPERMARKET SWANSEA

Franklin Street Swansea. 7:30am – 6:30pm Monday to Sunday 7 days a week

#### SWANSEA LPO & NEWSAGENCY

2/1 Victoria Street Phone: 03 6117 0000 9:00am - 5:00pm Monday - Friday & 9:00am - 12:00pm Saturday. When the flag is out, we are open so come on in

## **BICHENO LPO**

1/39 Foster Street Phone: 03 6389 8014 **OPENING HOURS Mon – Fri 10:00am – 4:00pm Sat – 9:00am – 12:00pm** When the flag is out, We are open so come on in

> THE BRANCH SWANSEA 7 Maria Street, Swansea Wine. Tapas. Cocktails. Coffee OPEN FRI -TUE 1pm until Late www.thebranchswansea.com.au Ph 6117 0002

IMPORTANT

Please keep all your community notices up to date by contacting us on Phone: 0424 425 908 or Email: gobcnews@gmail.com

# **GREAT OYSTER BAY COMMUNITY NEWS TEAM**

The current Swansea Online Access Centre volunteers and our coordinator

## Advertising, Stories & Copy Deadline: STRICTLY 12 NOON FRIDAY

The Great Oyster Bay Community News is printed on Mondays/Tuesdays. Please ensure your ads/stories, etc. are in early to meet your advertising deadline times.

Advertisements costing \$20 or less MUST BE PAID IN CASH at the Swansea Online Centre prior to publication

Please provide adverts in PDF, JPG or Word format. Articles, letters and photographs of events are most welcome! Phone: 0424 425 908 Post: PO Box 308 Swansea 7190 Email: gobcnews@gmail.com Website: www.gobcnews.weebly.com

Facebook: www.facebook.com/greatoysterbaycommunitynews

Printed at the Swansea Online Access Centre Inc., Swansea, Tasmania

Opening Hours: Monday to Friday 10am-3pm (Unless otherwise noted)

Closed Sat & Sun + Public Holidays

Franklin Street, Swansea (in the Library).

LETTERS to THE GOBCNews TEAM (editor)

Please address your letters to the editorial team and please keep it under 200 words, and email to gobcnews@gmail.com. Letters to the editor must comply with our editorial policy, see disclaimer below and will be published if space is available. Un-authored letters will not be published.

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THE GREAT OYSTER BAY COMMUNITY NEWS is a weekly newsletter containing articles of interest, community notices and advertising relevant to the Glamorgan Spring Bay Municipality. Advertising revenue is used to finance the printing of 600+ Newsletters, 50 weeks of the year. The Great Oyster Bay Community News is distributed to all major towns of the municipality weekly, free of charge to our readers. The GOBCNews team

**Disclaimer:** The Great Oyster Bay Community News reserves the right to print any material which is designed to benefit or be of interest to the local community. Consequently, all views or opinions expressed in material published are solely those of the writer of that material and do not necessarily reflect the view or opinions of any persons associated with Great Oyster Bay. Community News, the Swansea Online Access Centre or Libraries Tasmania. The Great Oyster Bay Community News also reserves the right to edit or refuse to publish any material, that also may be deemed damaging, misleading or detrimental to our organisation or community or any person. Please refer to our Editorial and Advertising policies which are located on our website: www.gobcnews.weebly.com

## **OPENING TIMES**

## SWANSEA RE-USE SHOPPE

4 Arnol Street Due to lack of volunteers, and people away over winter, we will be reducing our shop times.

From mid-June the shop will be open Thursdays, Fridays and Saturdays until 26 July.

Thereafter Thursdays and Saturdays only. Other days that we may open will be variable and haphazard pending availability of volunteer staff.

If the yellow sign is out, we are open!

## <u>Church notices</u>

## EAST COAST ANGLICAN

Please join us for church every Sunday 10am Swansea (10 Noyes St) 3pm Triabunna (1 Franklin St) Woodsdale (2265 Woolsdale rd) 6257 3321 www.eastcoastanglican.church

#### ST. ANDREWS UNITING CHURCH SWANSEA

will be holding services on the 1st & 3rd Sundays of each month at 10am. Everyone is invited to attend. All Welcome

#### **CATHOLIC CHURCH - BICHENO**

11:15a.m. - Prayer of Divine Mercy/ Adoration of the Blessed Sacrament 11:45a.m. - Healing/Anointing of the Sick 12:00p.m. (Noon) - Catholic Mass Everyone is welcome! 51 Burgess Street, Bicheno 7215

## **CATHOLIC CHURCH - SWANSEA**

Welcome to the Sunday Masses at Swansea Catholic Church. Every Sunday Mass - at 9.00 am All are Welcome ! 21 Victoria Street, Swansea 7190 (03)6381 1122 / 0438 562 731

## **CLUBS & GROUPS**

#### THE SWANSEA HOPE CLUB CUPPA & CHAT GROUP

2nd & 4th Monday of each month from 2pm @ the Community Hub, 4 Arnol St Swansea Enquires contact Steve, Linda 0458 959 820

#### LONELINESS GROUP SWANSEA

Let's GET TOGETHER & TALK ABOUT IT. Hi I'm Kath, and I have organised both a ladies group and a gents group to talk about loneliness & isolation. If interested please text leaving your interest so a time & date can be organized. **KATH 0468 998 546 (TEXT ONLY)** These groups are not a replacement for your mental health worker or your GP. **CLUBS & GROUPS** 

SWANSEA MEN'S PROBUS CLUB Meeting starts 10am, guest speaker 11am, usually followed by BBQ every 2nd Tuesday of the month at Swansea Golf Club

#### MAHJONG & SCRABBLE SWANSEA

1.30 pm every Monday at Swansea Golf Club. Contact **Lyn Lyne 0438 578 208** 

#### SWANSEA MODEL YACHT CLUB INC.

Sailing, weather permitting, Monday 10.30am until 2.30pm. All interested parties & spectators welcome. Sailing on Kelvedon Dam south of Swansea. Inquiries Cheryl 0419393774

#### ORFORD DF65 RADIO SAILING GROUP

The above group meets from time to time in the Orford area to sail popular DF65 and other radio-controlled model yachts. If you are interested in racing or just sailing around Contact **David 040 751 8171** 

#### **SPRING BAY POTTERS**

The Spring Bay Potters Group at The Village in Triabunna, Wed & Fri 10.00am - 1.00pm As well as tuition, clay, tools, glazes etc. are provided for a cost.

#### SWANSEA SPLASHERS

The Splashers meet most days @ 8am/9am Gordon Street boat ramp for a swim/splash. New splashers always welcome. For details contact **0408 971 483** 

#### SWANSEA TENNIS CLUB

Available for hire. Contact Kathy Dance 0439 732 496. All new members welcome.

#### SWANSEA PICKLEBALL

You just want a social, non competitive game? Sunday times may vary Swansea School Hall **Contact Alison 0438 951 281** 

## SWANSEA BOWLS CLUB

WINTER INDOOR BOWLS Starting June 14th 1.30pm for 2pm start All Welcome, come and join the fun. Contact: Mick 0417 064 571

CRANBROOK CRAFT GROUP Every Wednesday 10.30 am at Cranbrook Hall. Cranbrook. Contact Edith 0409 216 793

#### SPARKLERS DANCE TROUPE SWANSEA

Classes on Mondays from 4.30pm in Swansea, Town Hall. All welcome. All enquiries phone Janelle 0437 264 332.

## **CLUBS & GROUPS**

#### GLAMORGAN SPRING BAY HISTORICAL SOCIETY INC.

Are you interested in local History? Consider joining the Historical Society. TUESDAYS 10AM TO 4PM 22 Franklin Street, Swansea info@glamorganhistory.org.au Phone: 03 6257 9011

DOLPHIN SANDS COMMUNITY ASSOC. (DSCA) Email: <u>dsca.7190@gmail.com</u> Website: <u>dscommunity.org.au</u>

Mail: PO Box 133, Swansea, 7190

#### SWANSEA BRANCH CWA

Meets on the 2<sup>nd</sup> Wednesday of the month Anglican Church Hall Cnr Noyes & Wellington St. Swansea NEW MEMBERS ALWAYS WELCOME! Contact Linda 0409359208 for details.

QIGONG

Swansea Golf Club Monday 10am Enquiries: **0448 649 765** 

SPRING BAY WALKERS TRIABUNNA Every Thursday morning, contact Peter Hutememier 6257 7506. www.triabunnavillage.com.au/springbaywalkers

## **MISCELLANEOUS**

### COMMUNITY TRANSPORT SERVICES TAS. (CTST)

Door-to-door community transport to Support eligible clients maintain their independence. **Ph1800781033** <u>www.ctst.org.au</u>

#### THE VILLAGE

20 Melbourne Street, Triabunna Community Market 3rd Sunday of each Month 10.00am to 1.00pm. Large range of stalls and activities. Sell from your car boot, charge applies. For details: <u>http://triabunnavillage.com.au/</u>

SWANSEA COMMUNITY ROOM with kitchen facilities.

Available for hire Contact Celia Ralston 0432 415 516

#### FREYCINET VOLUNTEER MARINE RESCUE

Meets 7pm, 3rd Tuesday each Month VMR Boatshed, 76A Maria Street, Swansea Visitors and new members welcome Enquiries: 0400 329 973

## ADVOCACY SERVICES

SWANSEA RSL SUB-BRANCH Inc. Until further notice the contact person for Advocacy Services will beGarry Bevan on 0435 861 201. Available for appointments in Swansea

## IMPORTANT

Please keep all your community notices up to date by contacting us on Phone: 0424 425 908 or Email: gobcnews@gmail.com

## ADVERTISEMENT

# Brian Mitchell MP Your Federal Member for Lyons



For assistance with all federal matters, please contact me on (03) 6263 3721 or email me at Brian. Mitchell.MP@aph.gov.au

## Authorised by Brian Mitchell MP (ALP, Tas) 28 Green Point Road Bridgewater TAS 703

Works Hard.

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## POSITION VACANT

## **JOB VACANCY**

## SWANSEA GENERAL PRACTICE - CASUAL RECEPTIONIST

An opportunity has arisen for a matureminded individual to join our team in a pivotal patient and clinical support role.

Reporting to the Practice Manager, you will be the first point of contact for our patients and ensure the smooth operations of all reception aspects of the practice. You will form part of our dedicated and supportive administrative team and will be working closely alongside our practitioners and visiting health professionals to provide a high level of support.

This position is offered on a casual basis with a minimum of 16 to 20 hours per week plus additional coverage as required, the successful candidate must be flexible with their availability.

Computer literacy, proven administrative experience and a friendly persona are a must with experience in a similar role highly regarded, however on the job training will be provided.

Please submit your resume and a brief cover letter outlining your availability to Alanah at <u>manager@swanseagp.com.au</u>.

## **NOTICE OF AGM**

Town HALL COMMITTEE AGM being held on THURSDAY 27TH JUNE AT 4PM at the Swansea Town Hall.

Janelle Hall

This is a SIZE 1 (6cm x 3cm) costs \$6 (personal/club) or \$7.50 (business) per issue

Discounts apply for multiple issues

## Issue 13 April 02 Issue 26 July 02 Issue 39 October 01

**COMMUNITY NOTICE** 

**BARKING &** 

**UNCONTROLLED DOGS** 

Are they a problem, barking,

running unleashed, or leaving a mess?

Contact Glamorgan-Spring Bay Council Check with council by-laws on

these matters.

**COLOUR ISSUES FOR 2024** 

Issue 01 January 09

Issue 50 December 17

## MEALS ON WHEELS SWANSEA ROSTER

Date	2024	Name
Wed	12 Jun	D Anderson
Thu	13 Jun	N & P Green
Fri	14 Jun	D & C Busuttil
Mon	17 Jun	T Griggs
Tue	18 Jun	L Camus & C Andrews

## **THANK YOU**

to the Uniting and Anglican Church Ladies Swansea Primary School Staff would like to say thank you to our wonderful Uniting and Anglican Church Ladies. Each year the ladies make cakes for local volunteers/organisations in appreciation for their time and wonderful work in looking after the residents of Swansea. Our staff where very fortunate and humbled to receive one of Mrs Gwenyth Bryan's amazing homemade cakes. We would like to say thank you and greatly appreciated. Morning Tea was fantastic!

## COMMUNITY NOTICE

## WANTED

Second hand bicycles. If you have any that you would like to donate or sell cheaply for the seasonal workers to use.

Please contact Chris on 0407342918

## REMINDER

With the weather getting colder remember to warm up your electronic devices before charging to ensure a proper and complete charge. *Computer Gremlin* 

## POSITION VACANT



## EMPLOYMENT OPPORTUNITY

Spring Vale Vineyard, Cranbrook

## **Cellar Door Supervisor**

JUNE 2024 ONGOING CASUAL WINE INDUSTRY AWARD RATES WITH PENALTY RATES WEEKENDS & PUBLIC HOLIDAYS 11AM-4PM 5 DAYS/WEEK. 2 WEEKENDS/MONTH.

TRAINING PROVIDED, OWN TRANSPORT REQUIRED

Resume to sales@springvalewines.com or contact Tim 0401214834

## COPY DEADLINE for ADVERTISING, STORIES, etc. STRICTLY 12 NOON FRIDAY except by special arrangement





# **RAISING THE BAR FOR VMR**

A \$5,000 grant from TasPorts to, Swansea based, Freycinet Volunteer Marine Rescue Association has provided the opportunity to significantly raise the standard of personal safety for members of the Association.

A temporary rescue vessel was acquired by the Association late last year after it's former vessel, built to recreational standards in 2004, was severely restricted when assessed against contemporary commercial vessel standards. The replacement vessel is a rigid hull inflatable boat with much lower sides than the previous vessel. That increased the inherent risk of a crew member falling overboard.

TasPorts came to the rescue through a timely round of their Community Grants Program. In addition to the distress beacon carried on the rescue vessel each crew member will now be kitted out with a hands-free personal communicator and a Personal Locator Beacon (PLB) carried in and on an a new inflatable lifejacket.

The PLB is vital should any crew member become separated from the rescue vessel. The Ocean Signal PLB3 introduces new technology where emergency signals from the beacon are detected not only by satellites as usual, but also by Automatic Identification System (AIS) receivers which may be on other vessels in the area or shorebased; for example, one in Swansea and another in Coles Bay. The shore stations feed data to the Marine Traffic website and subsequently to the Marine Traffic phone app. The PLB is activated automatically when the lifejacket is inflated. It then acknowledges when the distress signal has been received by a satellite. Off the water, battery charge and test results can be monitored on a mobile phone.

The Milo communicators are a simpler device that allow clear communication between crew members without the need to shout over ambient noise from wind, waves and engines.

Freycinet VMR Commander Col Barney says: "At \$190 for lifejacket, \$400 for a Milo Communicator and \$800 for a PLB3, which has a five year battery life, three sets of this equipment don't come cheaply, but they certainly enhance on-water safety for our volunteers. That's a level of safety that has been made possible through the TasPorts grant."

Authorised by C Barney, Commander, Freycinet Volunteer Marine Rescue

Media Release

## LOOKING FOR THE COMMUNITY NEWS???

The distribution points for The Great Oyster Bay Community News IN BICHEND:

- Post Office
- IN BUCKLAND: Buckland Roadhouse
- IN COLES BAY:
- Post Office/General Store IN ORFORD:
- IGA Supermarket
- Post Office/Newsagency IN SWANSEA:
- IGA Morris' Store
- Post Office IN TRIABUNNA:
- IGA Supermarket

or read it in full colour online at www.gobcnews.weebly.com

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Hours : 9:00AM—5:00PM Daily Collect key and Tokens from office: Tokens ONLY—Minimum Purchase \$10.00

Roberts

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LIBERAL SENATOR FOR TASMANIA

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SenatorAskew



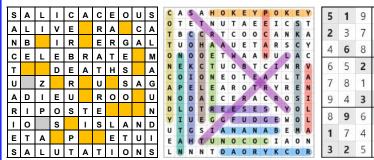
Authorised by Senator W. Askew, Liberal Party of Australia, 46 Cameron St, Launceston TAS 7250.







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## WHAT NOTICES ARE FREE IN THE GOBCNEWS

- **ITEMS FOR THE COMMUNITY NOTICES/CLUBS** & GROUPS/ CHURCH NOTICES: Non - profit organisations & their events, opening times, information, etc. usually ongoing.
- GIVE-A-WAYS: items that are to be freely given awav
- **DEATH NOTICES/IN MEMORANDUM**
- THANK YOU/ACKNOWLEDGEMENTS
- AGM: Annual General Meetings
- LOST & FOUND: items lost & items found

## LOCAL SPORTS/RAFFLES: results etc.

- **ARTICLES/GENERAL INFORMATION:** 1. At the discretion of the GOBCNews team
  - 2. The space availability
  - 3. It's relevance to the community
  - 4. It passes our disclaimer policy.

FREE ADVERT POLICY IS SIZE 1 OR 2 FOR 1 TO 2 WEEKS ONLY. LARGER SIZES AT THE DISCRETION OF THE GOBCNEWS DESKTOP PUBLISHER & SPACE AVAILABILITY .

FOR MORE INFORMATION CONTACT OR LEAVE A MESSAGE FOR THE GOBCNEWS TEAM. Email: gobcnews@gmail.com Phone: 0424 425 908

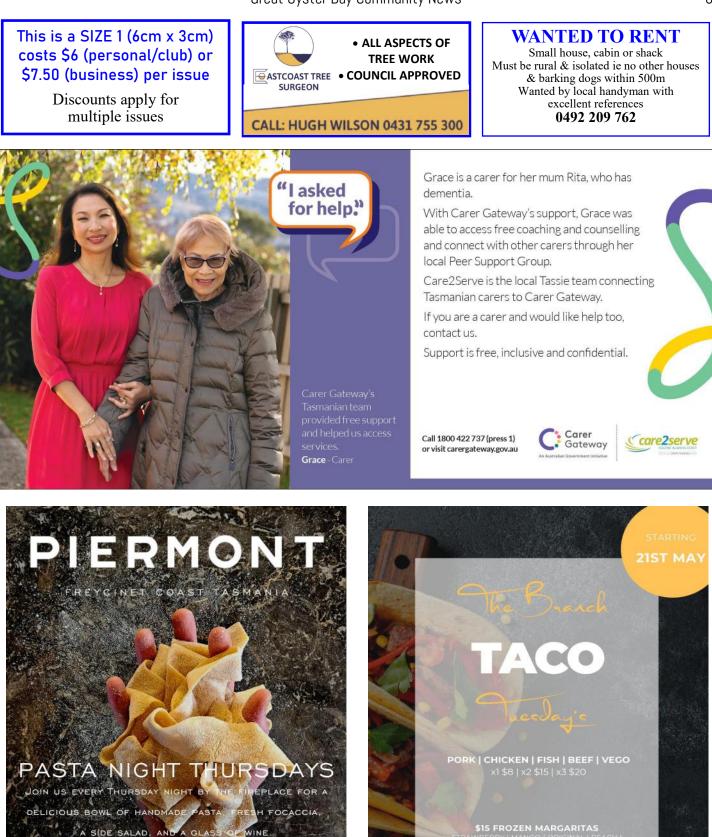
## GREAT OYSTER BAY COMMUNITY NEWS RATES

	Price per single issue						
SIZE	NPClubs & Personal	Business					
1 (6x3cm)	\$6	\$7.50					
2 (6x6cm)	\$12	\$15					
3 (6x9cm)	\$18	\$22					
4 (6x12cm)	\$24	\$30					
1/4 page	\$36	\$45					
1/3 page	\$48	\$62					
1/2 page	\$66	\$86					
Full page	\$102	\$112					

## Discounts apply on multiple issues



## Great Oyster Bay Community News





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Online in colour every week at www.gobcnews.weebly.com

## Great Oyster Bay Community News



## GRACE'S JOURNEY: A STORY OF DEDICATION AND RESILIENCE

Grace Shimomura, a single mother from the Philippines, moved to Launceston, Tasmania, in 2022 to care for her ageing mother, Rita, not knowing the full extent of what dementia care entailed.

Grace's journey into caring was sudden. Rita had suffered a fall and was struggling to live alone after the death of her second husband in 2021. Rita, an 82-year-old war widow, suffers from vascular dementia, Alzheimer's, and Lewy body dementia (LBD).

Due to her mother's deteriorating health, Grace had to abruptly leave her career and teenage children in the Philippines. She is now working on their migration documents to reunite with them in Tasmania, which will enable her to continue caring for Rita.

Rita's condition requires constant care, which includes arranging transport to medical

appointments, managing prescriptions, and handling financial matters.

"Before coming here, I didn't know much about dementia beyond forgetfulness."

"I quickly learned that being a full-time carer involves managing every aspect of my mother's life," Grace said.

One of the biggest challenges Grace faces is navigating the Australian healthcare system, particularly as a newcomer to the country.

"Navigating these systems is overwhelming, but I have found tremendous support from Carer Gateway."

Carer Gateway has provided Grace with crucial resources and support including free counselling, mental health workshops and peer support groups. Particularly helpful has been Carer Gateway's coaching service, which offers practical guidance and emotional support.

Through free coaching sessions, Grace has learned to break down her tasks into manageable steps and has received practical advice on organising her mother's care.

"Carer Gateway has been a lifeline."

"My coach was thorough and encouraging. She helped me create actionable steps, which made everything less overwhelming."

"She has been my accountability partner and has been instrumental in helping me focus and stay on track," Grace explains.

Grace also benefits from peer support groups facilitated by Carer Gateway, where she connects with other carers, shares experiences, and gains insights that help her in her role. She now volunteers a couple of hours every month to lead her local carers group.

"Knowing I have a support through Carer

Gateway gives me peace of mind. It's comforting to share and hear stories from others in similar situations."

Despite the challenges of caring, Grace cherishes the moments she spends with her mother.

"Most days, mum is mobile, has an appetite, and enjoys her choir and Sunday outings. These moments are precious," Grace reflects.

"Being a carer can be lonely and isolating sometimes. So, knowing that there is help out there, one number I can call just gives me peace of mind."

Grace's journey as a carer is a testament to her love and dedication. With the support of Carer Gateway, she continues to provide her mother with the best possible care.

If you are in a similar situation and need help with your caring role, contact Carer Gateway's Tassie team at Care2Serve. Call 1800 422 737 (and select 1 from the menu) or visit the website at <u>www.carergateway.gov.au</u>

Media Release

# **SENIORS LUNCH SPECIAL**

JOIN US EVERY TUESDAY & THURSDAY 12N00N - 2pm \$20 MEALS

DELICIOUS, AFFORDABLE & OPTIONS CHANGING REGULARLY

OUR MENU IS DESIGNED WITH YOU IN MIND, OFFERING CLASSIC FAVOURITES. IN A COSY FRIENDLY ENVIRONMENT

WITH AN EXTRA HAPPY HOUR RUNNING TUESDAYS & THURSDAYS 11.30am - 12.30pm



## Bicheno Beams Raffle - \$25 ea







# ROADWORKS REPORT FRIDAY 07<sup>TH</sup> - 21<sup>ST</sup> JUNE 2024 roadstas@comm.stategrowth.tas.gov.au</sup>

#### CONARA AND ST MARYS NEW

We will be trimming trees on Esk Main Road between Conara and St Marys from Monday, 27 May 2024 to Thursday, 13 June 2024. There will be a reduced speed limit and some lane closures during our working hours, 6:30 am to 5:30 pm.

## **CAMPBELL TOWN**

We will be resurfacing High Street, Campbell Town at the following locations and times.

- Between Torlesse Street and New Street until Friday, 14 June 2024.
- Between the Lake Leake Road intersection from Tuesday, 11 June 2024 to Tuesday, 18 June 2024.

There will be a reduced speed limit with frequent lane closures during our working hours, 7:00 am to 5:00 pm.

## **CAMBRIDGE UPDATED**

We will be repairing Tea Tree Road, between Middle Tea Tree Road, Tea Tree, and Colebrook Road, Campania, from Wednesday, 12 June 2024 to Friday, 14 June 2024. There will be a reduced speed limit with frequent lane closures during our working hours, 6:30 am to 5:30 pm.

## **CAMBRIDGE NEW**

We will be doing construction on the Tasman Highway, before the Mornington interchange, from Wednesday, 12 June 2024 to Monday, 15

#### July 2024.

There will be a reduced speed limit without lane closures during our working hours, 7:00 am to 5:00 pm.



There will be a reduced speed limit with lane closures at all times during our working hours, 7:00 am to 5:00 pm.

## THE PUZZLED PAGE THIS WEEK'S CROSSWORD<sup>®</sup> No 23.2024 By Rob Gaspari ALL ANSWERS ON PAGE 7



22. A farewell remark (5)

28. A moon of Jupiter (2)

surrounded by water. (6)

for small articles (4)

26. A quick reply to a question or

remark (especially a witty or

29. A landmass, especially one

smaller than a continent, entirely

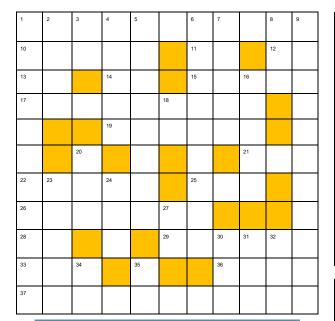
33. Estimated time of arrival (3)

36. Small ornamental ladies' bag

37. (usually plural) an acknowl-

25. Kangaroo (3)

critical one); (7)



People born in the 50's have lived in 7 decades, 2 centuries & 2 millenniums. We had the best music, fastest cars, Drive-in theaters, soda fountains & happy days. And we are not even that old yet, we're just that cool.

## THIS WEEKS SUDOKU

## ACROSS

1. Belonging or relating to the willow (11)

10. In existence or operation; active: (5)

- 11. Element Radium (2)
- 12. Element Calcium (2)
- 13. Element Niobium (2)
- 14. Element Iridium (2)
- 15. Potential energy; negative value of the force function. (5)

17. To commemorate with festivities: (9)

19. Termination of lives. (6) 21. To sink, droop, or settle from

pressure or weight. (3)

## DOWN

 Consecrated place where sacred objects are kept (11)
Having sufficient power or resouces to accomplish something (4)

- 3. Element Lithium (2)
- 4. Overgrown or cloaked with ivy (5)
- 5. A three-headed dog guarding the entrance to Hades. (8)
- 6. A living being, especially an animal: (9)
- 7. The land surface of the world.(5)
- 8. Fiddler crabs (3)
- 9. A collection containing a vari-
- ety of sorts of things (11)

edgment or expression of good will (especially on meeting) (11) 16. A preparation of plaster of Paris and glue used as a base for low relief or as a surface for painting. (5) 18. Element Radium (2) 20. Energy; vim: (3) 23. A vase or drinking cup having two handles or ears. (5)24. The goddess of the dawn. (3) 27. Element Titanium (2) 30. A garland of flowers worn around the neck (3)31. Australian Tax Office (3) 32. A woman of a religious order: (3) 33. Element Aluminium (2) 34. Element Platinum (2)

# Ice Cream Flavors

THIS WEEKS WORD SEARCH

С	Α	S	Α	н	0	κ	Е	Y	Ρ	0	κ	Е	Y
0	Т	Ε	т	N	U	Т	A	Ε	Ε	I	С	S	т
т	В	с	с	R	т	с	0	0	с	Α	N	Κ	A
т	U	0	Н	Α	A	U	Е	Т	Α	R	S	С	Y
0	N	0	0	Ε	Т	W	A	Α	N	U	L	Α	с
N	Ε	K	С	Т	U	0	В	Т	С	I	N	R	۷
С	0	I	0	N	Ε	0	Т	Ε	Α	Т	L	т	Α
A	Ρ	Ε	L	Ε	A	R	0	т	R	Y	R	Ε	N
Ν	0	D	Α	Ε	с	Е	R	Α	с	R	0	s	I
D	L	0	Т	R	Ε	Ε	S	Ε	S	Т	Y	0	L
Y	I	U	Ε	G	G	F	U	D	G	Ε	W	0	L
U	Т	G	S	I	A	N	A	N	A	В	Ε	M	A
Е	A	н	Т	U	N	0	С	0	С	I	A	0	N
L	Ν	Ν	Ν	т	D	Α	0	R	Y	к	с	0	R

COCONUT STRAWBERRY VANILLA FUDGE ROCKY ROAD COOKIE DOUGH NEOPOLITAN COTTON CANDY HOKEY POKEY CHOCOLATE MOOSE TRACKS GREEN TEA TIGER TAIL PECAN REESES BANANA

5	1						2	4
2								9
	6		3		9		5	
		2	4	8	7	9		
		3	5	6	1	8		
	9		7		2		3	
1								8
3	2						4	6

## Play this puzzle online at : https://thewordsearch.com/puzzle/416/





## SWANSEA GOLF CLUB RESULTS

SATURDAY 8TH JUNE 2024 STROKE

Gross overall Winner:	Brad Bone 65.
Nett Swansea Overall Wir	<b>iner:</b> Mitchell Baxter 61.
Div 1 Nett Winner:	Malcom Woods 59
Runner Up:	Jasper Krushka 63c/b
Div 2 Gross Winner:	Peter Dodge 82,
Nett: David Wood 6	55,
2nd: Jasman Mund	y 68c/b
Div 3 Gross Winner:	Kathy Dance 87,
Nett: Steve Kenny 6	59,
2nd: Steve Mortime	er 70.
Ladies Nett Winner:	Leza Thornton 63c/b,
2nd:	Moria Mahony 70.
Nearest the Pin: 4/13th P	eter Lea, 8/17th Mitchell Baxter
Super Pin: 7/16th N	igel Hume.

## NEXT WEEK - STABLEFORD SPONSORED BY THE SWANSEA CRAFT GROUP

## **1 ST MORRIS PLAYOFF ROUND** SUNDAY 9TH JUNE 2024 **CANADIAN FOURSOMES**

## Sponsored by Skyline Roofing & Sheetmetal Pty. Ltd.

**Gross Winners:** Gross Runners Up: Nett Winners: Nett Runners Up: Nearest the Pin: **Super Pin:** 

Tim Doyle/Grueber 65. Steve Lucas/Brad Bone 66. Steve Mortimer/Rob Dureau 62.5, Royce Brougham/Markus Skelly 63.5 4/13th Bruce Anderson, \*/17th Steve Dart 7/16th Stewart Moore

## WEDNESDAY 5TH JUNE 2024 LADY'S MID-WEEK STROKE.

9-Holers Winner: Runner Up: **18-Holers Winner:** Runner Up: Nearest the Pin 9-holers: 18-holers:

Karen Moran 34, Jennifer Whittaker 35. Kathy Dance 68, Joanna Whelan 70 c/b. 7th Jane Cotton, 6th Kathy Dance ..

#### Next Week - Stroke - Alison Donaldson trophy

## CHICKEN RUNS

#### WEDNESDAY 5th June Russell Dodge 27, Terry Griggs 31.

Winners: **Putts:** 

#### FRIDAY 7TH JUNE

Winner:

Putts.

Peter Lea 11.

Mick Barwick 29, Bruce Anderson 30.5, Wayne Menzies 32.5, Brad Bone 33, Jack Kelly 33. Steve Lucas 11.

Results supplied by Paul Nunn



"Do you mind if we play through ...?"

# The 7-Day Glamorgan-Spring Bay Weather Forecast from Bureau of Meteorology

		Bill	CHEND		Drford/Triabunna							
<b>Tue.</b> 11 Jun	Wed. 12 Jun	<b>Thu.</b> 13 Jun	Fri. 14 Jun	<mark>Sat.</mark> 15 Jun	<mark>Sun.</mark> 16 Jun	Tue. 11 Jun	Wed. 12 Jun	Thu. 13 Jun	Fri. 14 Jun	Sat. 15 Jun	<mark>Sun.</mark> 16 Jun	
Showers easing.	Partly cloudy.	Partly cloudy.	Possible shower.	Shower or two.	Shower or two.	Showers easing.	Shower or two.	Partly cloudy.	Possible shower.	Shower or two.	Shower o two.	
17 °C	12 °C	13 °C	13 °C	12 °C	13 °C	16 °C	10 °C	12 °C	11 °C	11 °C	12 °C	
6 °C	7 °C	6 °C	8 °C	8 °C	9 °C	6 °C	6 °C	6 °C	7 °C	7 °C	8 °C	
		Coll	ES BAY					Swa	NSEA			
Tue. 11 Jun	Wed. 12 Jun	Thu. 13 Jun	Fri. 14 Jun	Sat. 15 Jun	Sun. 16 Jun	Tue. 11 Jun	Wed. 12 Jun	Thu. 13 Jun	Fri. 14 Jun	Sat. 15 Jun	Sun. 16 Jun	
Showers easing.	Possible shower.	Partly cloudy.	Shower or two.	Shower or	Shower or two.	Showers easing.	Partly cloudy.	Cloudy.	Possible shower.	Possible shower.	Shower of two.	
Wind	SHOWEI.	cioudy.	two.	two.	two.	16 °C	11 °C	12 °C	12 °C	11 °C	12 °C	
easing.						5 °C	5 °C	5 °C	6 °C	7 °C	7 °C	
16 °C	11 °C	13 °C	12 °C	12 °C	12 °C	5 0	5 0	0.0	00	10	10	
6 °C	7 °C	6 °C	8 °C	9 °C	9 °C							