#### 20 YEARS of COMMITMENT to the GLAMORGAN-SPRING BAY MUNICIPALITY



Tuesday 17th May 2022



Picture: Brian Mitchell with Swansea Primary School Association president Alice Laing and treasurer Kristen Darke

# LABOR BOOST FOR LOCAL SCHOOLS

An Anthony Albanese Labor government will invest \$100,000 in essential learning upgrades for schools across Lyons, including Swansea.

If elected, Labor will invest \$50,000 in machinery for the workshop at Deloraine High School, and \$50,000 in Swansea Primary School for outdoor learning space upgrades.

Federal Member for Lyons Brian Mitchell MHR said Labor's investment would have long-term benefits for local students and the communities of Swansea and Deloraine.

"Investing in our children's' education is absolutely vital and Labor recognises the importance of education and access to learning tools," Mr Mitchell said.

"Our commitment in Deloraine will ensure students studying manual arts are well prepared to enter the workforce and help address the critical skills gap after graduation."

"And our pledge to upgrade outdoor learning spaces in Swansea future-proofs education requirements for children in this growing community."

Media release



# QUALITY SERVICE TO BE CONTINUED FOR TASMANIANS THROUGH NEW PRICE AND SERVICE PLAN

TasWater's new Price and Service Plan 4 (PSP4) will provide our customers with price certainty over the next four years while continuing to receive safe, clean and reliable drinking water in addition to essential sewage services that enhance the environment as a result of our activities. PSP4 includes a **3.5 per cent price increase** for the financial year beginning 1 July 2022.

Matthew Pigden, Chief Financial Officer, said the new plan will allow TasWater to deliver quality services and improved standards, along with upgrading and maintaining essential infrastructure.

"TasWater, like many other water utilities across the country, is required to submit its proposed prices and services to an independent economic regulator for approval," he said.

TasWater welcomes the independent Tasmanian Economic Regulator's (TER) approval of a maximum price increase of 3.71 per cent per year for the next four years. However, consistent with the commitments TasWater has made to its customers, stakeholders and Owner Representatives, TasWater will only **increase its prices by 3.5 per cent** per annum over this period.

As noted by the TER, this equates to an average household increase of \$43 per year, based off the average annual residential property water use amount of 179 kilolitres, or 83 cents per week for the 2022-2023 financial year.

"We continue to work closely with Councils, our Owner Representatives, and the State Government to ensure prices are kept as affordable as possible for our customers," Mr Pigden said.

#### Issue 19.2022

Through the development of the new PSP, TasWater has worked hard to balance short term operating needs, with long term infrastructure investment and the need to meet customers' expectations at an affordable price.

"A conservative price increase will allow TasWater to continue to improve and invest in water and sewerage infrastructure, including the continuation of our \$1.1 billion capital delivery program over the next four years," Mr Pigden said.

"This program of works undertaken by TasWater's Capital Delivery Office (CDO) has boosted local employment with about 93 per cent of all contracts to upgrade or build new infrastructure going to Tasmanian businesses. This means hundreds of jobs for Tasmanians and better outcomes for our customers and the environment. "These projects, along with the significant capital works program already delivered, will ensure we can provide reliable services for our customers now and into the future," Mr Pigden said.

Media release



#### SEALING WIELANGTA ROAD

GLAMORGAN SPRING BAY COUNCIL

Thinks that Wielangta Road should be sealed.

If it was it will be used by thousands of Tasmanians and tourists alike, who visit our east coast and Tasman Peninsular; they will use it as one of the State's highways. It will save many from having to back track on their journeys.

Our Council has not the money, nor has it access to the funds, necessary to bring the route that runs through a perpetual rainforest, over deep clay soils, up to a reasonable

Continued page 5

#### **OPENING TIMES**



#### LIBRARIES SWANSEA ONLINE ACCESS CENTRE

Inc.

swansea.oac@education.tas.gov.au

#### GREAT OYSTER BAY **COMMUNITY NEWS**

gobcnews@gmail.com

Franklin St. Swansea (at library) Phone: 0424 425 908 OPEN 10-3pm MON-FRI CLOSED WEEKENDS + PUBLIC HOLIDAYS social distancing required.



#### **SWANSEA LIBRARY**

Franklin St. Swansea (at Primary School) Phone: 6257 8607

**OPEN TUESDAY & THURSDAY** 9.30 am-12.30pm 1.15pm-4.15pm CLOSED ALL OTHER DAYS + PUBLIC HOLIDAYS



#### **BICHENO LIBRARY**

78 Burgess Street (at Town Hall) Phone: 6387 5609

OPEN TUES + THURS 10am - 2pm WED 10am - 4pm SAT 10am - 12noon

CLOSED FRIDAY/SUNDAY/MONDAY +PUBLIC HOLIDAYS

#### **OPENING TIMES**



#### **GLAMORGAN** -**SPRING BAY COUNCIL**

9 Melbourne Street, Triabunna operating normal hours of operation, Monday to Friday 9.00am - 4.30pm

**BUT** with some changes, go to https://gsbc.tas.gov.au/services-facilities/ public-notices/ for details

WASTE MANAGEMENT CENTRES (WMC)

BICHENO WMC – 2km south of the town, on the Tasman Hwy.

COLES BAY WMC - turn off Coles Bay Rd, about 5kms from the township.

ORFORD WMC -Tasman Hwy, just north of Raspins Beach.

**SWANSEA WMC** – top of Maria St.

All four WMCs are open from

**SUMMER HOURS:** MON - FRI 2:30 - 4:30PM **CLOSED: SATURDAY** SUNDAY: 10AM - 2PM

WINTER HOURS: From the 2 May 2022 **MON, WED, FRI 2:30 – 4:30PM** CLOSED: TUESDAY, THURSDAY & **SATURDAY** SUNDAY: 10AM - 2PM

CLOSED: GOOD FRIDAY AND CHRISTMAS DAY.

#### **OPENING TIMES**



**SPRING BAY ONLINE ACCESS CENTRE** Inc.

Vicary & Melbourne Street Triabunna, Tasmania 7190 Phone: 0472 511 136 springbay.oac@education.tas.gov.au

> **OPEN MON-FRI 10-2pm CLOSED WEEKENDS** + PUBLIC HOLIDAYS Social distancing required.



#### **ORFORD** LIBRARY

30A Charles Street Phone: 6123 4039

**OPEN TUESDAY** 10.00am-1.00pm 2.00pm-4.30pm WEDNESDAY 10.00am-2.00pm FRIDAY 10.00am-1.00pm 2.00pm-6.00pm CLOSED ALL OTHER DAYS

#### **SWANSEA OP-SHOP**

+ PUBLIC HOLIDAYS

Franklin St. Swansea Trading hours:

Monday -— Saturday 10 am—2 pm **Closed Sunday** 

Donations most welcome Gloria Willis manager All Saints Op Shop for Anglican Parish of East Coast

# **GREAT OYSTER BAY COMMUNITY NEWS TEAM**

The current Swansea Online Access Centre volunteers and our coordinator

Advertising, Stories & Copy Deadline: STRICTLY 12 NOON FRIDAY The Great Oyster Bay Community News is printed on Mondays/Tuesdays. Please ensure your ads are in early to meet your advertising deadline dates.

Advertisements costing \$20 or less MUST BE PAID IN CASH at the Swansea Online Centre prior to publication Please provide adverts in PDF, JPG or Word format. Articles, letters and photographs of events are most welcome!

Phone: 0424 425 908 Post: PO Box 308 Swansea 7190 Email: gobcnews@gmail.com

Website: www.gobcnews.weebly.com Facebook: www.facebook.com/greatoysterbaycommunitynews Printed at the Swansea Online Access Centre, Swansea, Tasmania Opening Hours: Monday to Friday 10am-3pm (Unless otherwise noted)

Closed Sat & Sun + Public Holidays Franklin Street, Swansea (next to the Library).

#### **LETTERS to THE GOBCNews TEAM (editor)**

Please address your letters to the editorial team and please keep it under 200 words, and email to gobcnews@gmail.com. Letters to the editor must comply with our editorial policy, see disclaimer below. Un-authored letters will not be published.

THE GREAT OYSTER BAY COMMUNITY NEWS is a weekly newsletter containing articles of interest, community notices and advertising relevant to the Glamorgan Spring Bay Municipality. Advertising revenue is used to finance the printing of 600+ Newsletters, 50 weeks of the year. The Great Oyster Bay Community News is distributed to all major towns of the municipality weekly, free of charge to our readers. The GOBCNews team

Disclaimer: The Great Oyster Bay Community News reserves the right to print any material which is designed to benefit or be of interest to the local community. Consequently, all views or opinions expressed in material published are solely those of the writer of that material and do not necessarily reflect the view or opinions of any persons associated with Great Oyster Bay. Community News, the Swansea Online Access Centre or Libraries Tasmania. The Great Oyster Bay Community News also reserves the right to edit or refuse to publish any material, that also may be deemed damaging, misleading or detrimental to our organisation or community or any person. Please refer to our Editorial and Advertising policies which are located on our website: www.gobcnews.weebly.com

#### **OPENING TIMES**

# SWANSEA GENERAL PRACTICE

May Shaw, Wellington St. Swansea
Open Monday—Friday
9.00am-1.00pm 2.00pm-5.00pm
For an appointment phone
6257 8205

# SWANSEA COMMUNITY & MEN'S SHED

Opening Hours:
Tuesday 10am to early afternoon
(men & women's group)
Wednesday 10am to 1pm (men's group)
Wednesday afternoons (school pupils)
Thursday 10am to early afternoon
(men's group)
Friday 10am to early afternoon
(women's group)

# Contact Colin Stevenson 0400 030 746 SWANSEA RE-USE SHOPPE

Opening hours:

Saturday - Sunday, Tuesday - Thursday 10am to 3pm

CLOSED MONDAY & FRIDAY Contact Tracey Kean 0407 639 022

#### EAST COAST HERITAGE MUSEUM

22 Franklin Street, Swansea Open Mon to Fri 10am–4pm Closed Good Friday & Christmas Day www.eastcoastheritage.org.au (We are Covid Compliant, be COVID-19 Safe)

#### **SWANSEA POST OFFICE**

Opening Hours

Monday – Friday 7:30am – 6:00pm

Saturday 7:30am – 2:00pm

Full newsagency & post office services available during opening hours including Saturday

When the flags are out – we are open

Ph.03 6117 0000

#### POP UP BOOK STALL

Opening hours: 10.30 – 3pm
Days: Wednesday - Sunday
plus Public Holidays
Venue - Community Hall (former Council
Chambers Building) Vicary St. Triabunna.
All proceeds are donated to community
organisations and activities.

Enquiries
Judy 0438571262;
Beth 0407571181;
Margaret 0438606446;
Caroline 0411895067
www.facebook.com/PopUpBookStall;
email popupbookstall@hotmail.com

#### **CLUBS & GROUPS**

#### TAP DANCING CLASSES

Swansea Town Hall on Mondays at the new time of 4.30pm All enquiries phone Janelle 0437 264 332

#### SWANSEA & DISTRICT GARDEN CLUB

Meetings held 2nd Thurs each month 2pm at Swansea Community Hub.

New members welcome.

Ph 0417 977 118 or 0402 043 621

Swanseadistrictgardenclub

@gmail.com

#### DOLPHIN SANDS RATEPAYERS ASSOC. (DSRA)

Email: dsra.7190@gmail.com Website: dsra.org.au Mail: PO Box 133, Swansea, 7190

# SWANSEA MEN'S PROBUS CLUB

meeting start 10am every 2nd Tuesday of the month at Swansea Golf Club

#### **SWANSEA BRANCH CWA**

meets 2nd Wednesday of the month. New members always welcome. Craft days alternate months. Contact **0402 043 621** for details

#### CRANBROOK CRAFT GROUP

Every Wednesday 10.30 am at Cranbrook Hall. Cranbrook. Contact **Edith 0409 216 793** 

#### SWANSEA EXERCISE GROUP

held at Swansea Golf Club Mondays 8:45 for 9 am. (currently full) Followed by **Qigong** at 10 am Enquiries: 0429 178 076 / 0448 649 765 (re Exercise Group) or 0448 649 765 (re Qigong)

#### **SWANSEA TENNIS CLUB**

is open to all members and available for hire. Ladies day Mondays, playing 11am. Contact

Kathy Dance 0439 732 496. All new members welcome.

#### SWANSEA MODEL YACHT CLUB INC.

Sailing, weather permitting, every Monday 10.30 am until 2.30 pm. All interested parties and spectators welcome. Sailing is at the Kelvedon Dam south of Swansea.

Inquiries to Cheryl on 0419393774

#### **CLUBS & GROUPS**

#### **SPRING BAY WALKERS**

Every Thursday morning, contact
Peter Hutememier 6257 7506.
See programme

www.triabunnavillage.com.au/ springbay- walkers

#### GLAMORGAN SPRING BAY HISTORICAL SOCIETY INC.

Are you interested in local History? Then consider joining the Historical Society.

Currently our office is open

Tuesdays 10am to 4pm

22 Franklin Street, Swansea

https://glamorganhistory.org.au/ Phone: 03 6256 5077

#### GLAMORGAN SUICIDE AWARENESS NETWORK

Contact us on Facebook or Email

- $\bullet \ www.facebook.com/glamorganSAN$
- glamorganspn@gmail.com
- Crisis Life Line 24/7: 131114
- Support Life Line Tas: 1800 984 434

Everyone needs someone to talk to

#### THE SWANSEA HOPE CLUB CUPPA & CHAT GROUP

1st & 3rd Monday of each month from 2pm onwards @ the Community Hub 4 Arnol St Swansea Enquires contact Steve, Linda 0458 959 820 Look forward to seeing you there.

#### **SPRING BAY POTTERS**

The Spring Bay Potters Group situated in specifically built facilities at The Village in Triabunna, the Group regularly meet for classes and potting on;

# Wednesdays & Fridays 10.00am to 1.00pm.

As well as tuition, clay, tools, glazes etc. are provided for a cost.

Peter Hüttemeier



#### DOLPHIN SANDS ART GROUP

King's Gallery 22 Cambria Dolphin Sands

- $\square$  Friday 11am to 1pm
- $\square$  BYO everything
- □ \$5 for charity
- ☐ Some easels available
- ☐ Coffee from gallery

Contact Laurie

0499 193 821

#### **IMPORTANT**

Please keep all your community notices up to date by contacting us on **Phone: 0424 425 908 or Email: gobcnews@gmail.com** 

#### CLUBS & GROUPS

MEALS ON WHEELS SWANSEA ROSTER				
Date	2022	Name		
Wed	18 May	D & T Rigby		
Thur	19 May	D & L Mackay		
Fri	20 May	S & G Siepen		
Mon	23 May	L Dann		
Tues	24 May	A Quinn & L Tucker		



# THE ORFORD & DISTRICT RIDING CLUB INC.

The last weekend of every month between 10.00am & 3.00pm
57 Inkerman Street Triabunna
For info. Phone: 0427796096
E-mail: sandmgraham@bigpond.com
Facebook— Orford and District
Riding Club Inc.

#### **NEW MEMBERS WELCOME**

#### GKR KARATE

Karate classes starting on Thursday at the Triabunna District School. The class starts at 12 noon. For further details contact Nathan Jacobs 0482 471 443

#### **MAHJONG & SCRABBLE**

1.30 pm every Monday at Swansea Golf Club. Contact Lyn Lyne 0438 578 208



Rescue, rehabilitation and release of native wildlife. Also treating wombats with mange in our Munici-

pality on behalf of Wombat Rescue. Contact **Marcia 0448714419** 

GREAT OYSTER BAY NEWSLETTER ADVERT PRICES				
SIZE	1 Advert for 1 Issue			
	Clubs & Personal	Business		
1 (6x3cm)	\$6	\$7.50		
2 (6x6cm)	\$12	\$15		
3 (6x9cm)	\$18	\$22		
4(6x12cm)	\$24	\$30		
1/4 Page	\$36	\$45		
1/3 Page	\$48	\$62		
1/2 Page	\$66	\$86		
Full Page	\$102	\$112		

#### **CHURCH NOTICES**



#### EAST COAST ANGLICAN

Please join us for church
every Sunday
10am Swansea (10 Noyes St)
3pm Triabunna (1 Franklin St)
6257 3321
www.eastcoastanglican.church
Swansea - 10 Noyes St
Triabunna - 1 Franklin St
Bicheno - Corner Burgess St &
Morrison St

#### ST. ANDREWS UNITING CHURCH SWANSEA

Woodsdale - 2265 Woodsdale Rd

will be holding services on the 1st & 3rd Sundays of each month at 10am. Everyone is invited to attend. All Welcome

#### COMMUNITY NOTICES

#### MILITARY COMPENSATION & REHABILITATION ADVOCACY SERVICES

are now available at the Swansea RSL for ex-service, current serving and family members of the Australian Defence Forces. Contact

Steven Kenny 0438 060 047

#### THE VILLAGE

#### 20 Melbourne Street, Triabunna

Community Market third Sunday of each Month 10.00am to 1.00pm. Large range of stalls and activities. Sell from your car boot, charge applies. Large range of community activities during the week, for details see:

http://triabunnavillage.com.au/ https://www.facebook.com/ VillageTriabunna/

#### SWANSEA COMMUNITY ROOM

with kitchen facilities.
Available for hire
Contact Heather Groombridge
0416 200 172

#### **COLOUR ISSUES for 2022**

Issue 01 January 11 Issue 13 April 05

**NEXT** 

ISSUE 26 JULY 05 ISSUE 39 OCTOBER 04 ISSUE 50 DECEMBER 20

#### **COMMUNITY NOTICES**

#### **COVID BOOSTER SHOTS FOR 65 YEARS AND OVER**

SATURDAY 21<sup>ST</sup> MAY 2022
FOR PATIENTS OF
SWANSEA GENERAL PRACTICE
ONLY
NO APPOINTMENT REQUIRED
1PM – 4PM
AT THE SWANSEA
GENERAL PRACTICE

PUBLIC HEALTH GUIDELINES RECOMMENDS IF YOU HAVE HAD COVID WITHIN THE PAST 3 MONTHS YOU **DO NOT** REQUIRE A BOOSTER SHOT.

THERE WILL BE
ANOTHER CLINIC IN
ANOTHER 6 – 8 WEEKS,
DATE TO BE DETERMINED.



#### UPDATE TO THE HEALTHY HEART HEALTHY MIND MAY TIMETABLE

NEW SESSIONS AT SWANSEA TOWN HALL:

- Friday 20<sup>th</sup> May at 2pm Folk Dance with Pooja.
- Wednesday 25<sup>th</sup> May at 4pm Freestyle Bollywood with Pooja- suit all ages and fitness levels.
- The Strength and Balance sessions on

Mondays will end on the 16<sup>th</sup> May. We are pleased to offer these free sessions for the Swansea community Your Get Into It team, Sally and Nicola.



#### SWANSEA PRIMARY

LONG BOXES NEEDED!

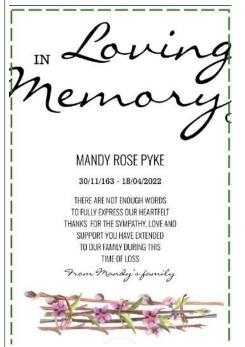
Swansea Primary are putting on a school production later in the year and we are collecting items for scenery, props and costumes. If you have any large boxes (over 1m long) from eg white goods or flatpack furniture delivery, we would love them! Please drop to the school during working hours, by end of May. With thanks from the School Production Team!

Swansea Primary is also happy to take any unwanted produce you may have in your garden that is surplus to your needs for our Sustainable Lunch Program.

Melissa Quinn

Advertising, Stories & Copy Deadline: STRICTLY 12 NOON FRIDAY





Continued from page 1

standard for what would become necessary for a much used asphalt highway.

It has been informally said that the costs could amount to many millions of dollars.

Once a sealed road has been constructed, if well built, it will last for a number of years, but thereafter will require regular costly maintenance; maintenance that will cost much more than repairing a lightly travelled unpaved road.

Glamorgan Spring Bay Council has for years been receiving a falling share of Government operating grant money and has not the capacity to maintain such a road.

Our Minister Ferguson at the reopening of the highway running along Paradise Gorge, did say that the State Government would seal Wielangta.

It was a good idea then and is a good idea now.

At the 26 April 2022 Ordinary Council

Meeting, Council unanimously passed the following motion:

#### **DECISION 84/22**

That Council in response to the letter from the Department of State Growth dated 13th September 2021 advises the Department:

- 1. Council is pleased that the preliminary assessments of options and costings have commenced in response to the Government's commitment to investigate the sealing of Wielangta Road;
- 2. Council looks forward to reviewing those preliminary figures with all stakeholders prior to making a formal decision about the future pavement of Wielangta Road;
- 3. Notes that if the decision is to seal Wielangta Road, Council has significant concerns in relation to its future maintenance and management as a local government road; and
- 4. Council would seek to rescind the decision of 26th April 2017 and subsequent Gazette Notice of 17th May 2017 that the road become a local government road.

Robert Young Mayor

Media release

Comment.

Maybe a request or a question to the candidates of next weeks federal election is in order? Would they promise to lobby for monies for the road and if the Tasmanian government is willing to declare the road a highway or similar, like the Bass or Tasman Hwys?

A big ask for both governments but the disaster of the closure of Paradise Gorge warrants the request, it can't hurt to ask!

Maybe a joint venture for all our East Coast Chamber of Commerce and Councils to push for?

Editorial team

#### **SWANSEA MARKET**

2nd Saturday of the month 9.30am - 1pm at the Swansea Town Hall.







Come, browse, and enjoy the day. **Phone: 0438 74 8545** 



THE SPRING

Saturday saw the final Swansea market for the 2021-22 season, it was a rather cool, wet day, and a cold wind was to blow up later in the day. All was good inside the town hall and things went well.

The market will be on hiatus until Saturday, 10<sup>th</sup> Sept 2022 when the 2022-23 season will commence.

Hope to see you there.

Rob Gaspari

## **CWA RAFFLE**

The winners of the CWA
Dessert Raffle drawn on the
6th May are:

1st prize: Susie Jones

2nd prize: Nick Green

3RD PRIZE: CATHY CASTLE

Have you any stories or articles you want to share? Please see our website for details. www.gobcnews.weebly.com



Department of Education Swansea Primary School

25 Franklin Street, TAS 7190 PO BOX 21, TAS 7190 Telephone: (03 6257 8126 Facsimile: (03) 6257 8581 Email: swansea.primary@education.tas.gov.au



SWANSEA PRIMARY SCHOOL LAUNCHING INTO LEARNING INVITES YOU TO

# READ, SING, PLAY & CREATE!

WHERE? SWANSEA PRIMARY SCHOOL LIBRARY WHEN?

EVERY FRIDAY DURING SCHOOL TERMS 9.30-10.30 AM COST?

FREE

WHO IS IT FOR?

YOUNG CHILDREN (0-4) AND THEIR FAMILIES WHAT TO EXPECT

PARENTS, TEACHERS AND CHILDREN PLAYING

ALONGSIDE EACH OTHER, HAVING FUN AND LEARNING TOGETHER.

FOR MORE INFORMATION, PLEASE CONTACT THE SCHOOL.

Launching into







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- Relines
- Same day repairs
- Health fund rebates



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Open every Friday by appointment Phone 6234 4258

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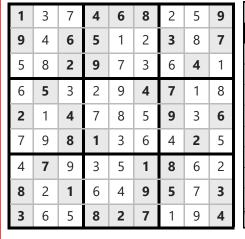
# Roberts and Partners Lawyers

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(03) 6248 4144

admin@robertsandpartnerslawyers.com.au







This weeks Puzzle Page answers ..... No cheating now!



# **SWANSEA** PROPERTY

- Lawn & edging – ride on & mower
- Gardening & pruning
- Small property slashing — All terrain ride on
- Property clean ups repairs
- Window cleaning Shower screen •Flu & wood heat-
- er cleaning • Gutter & roof

- cleaning
- Pressure washing
- Waste removal
- Mini Excavator work 1.7t
- · Retaining walls
- Tree trimming
- Window & door

- · Handy man service for all types of repairs

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Joshua Wickham 0438 866 735 ABN: 20 506 110 168 **SWANSEA** 

jawsmands@gmail.com Find us on Facebook: @JAWSMandS





**Call Andrew Moore** 

downandbackdeliveries@yahoo.com.au



THE SWANSEA CHAMBER OF COMMERCE PRESENTS

# Paint the town Red Cocktail Party

4TH JUNE 2022 -

SWANSEA TOWN HALL

TO KICK OFF PITR IN SWANSEA

THEME: RED

6:30 P M

\$50pp

LIVE MUSIC FROM TROY BARRETT | LUCKY

DOOR & BEST DRESSED PRIZES |

COMPLIMENTARY DRINK ON ARRIVAL |

CANAPES PROVIDED

TICKETS AVAILABLE FOR PURCHASE AT WWW.EVENTBRITE.COM OR AT THE BARK MILL TAVERN, SWANSEA - 96 TASMAN HWY

# STIGMA STILL A SIGNIFICANT BARRIER FOR TASMANIANS **ACCESSING MENTAL HEALTH SUPPORT**

In the final weeks leading up to the federal election, the Mental Health Council of Tasmania (MHCT) has called on all political leaders to support the mental health and wellbeing of all Australians by increasing focus on prevention and early intervention.

As part of their advocacy campaign for the federal election, MHCT has proposed Tasmania as the perfect location to develop and trial a stigma reduction campaign.

Stigma around mental ill-health continues to be a significant barrier preventing people from accessing the right support at the right time. This can lead to people becoming increasingly unwell before accessing the support they need, which in turn means that when they do eventually seek help, they need more acute levels of support and care.

MHCT CEO, Connie Digolis, said that accessing support early was vital in helping Tasmanian's be healthy and happy. "Stigma unfortunately continues to be a barrier to reaching out for support for many Tasmanians. By educating people about their own mental health and wellbeing, we not only help them identify when they might be struggling, but also encourage them to seek support when they do notice their mental health and wellbeing is declining."

With increased demand for psychologist and psychiatrist services across the state seeing waitlists blow out, some people are waiting up to 6 months for an appointment. Ms. Digolis said that empowering people to stay well, rather than focusing on supports that respond only when they are experiencing crisis, would also help to reduce wait lists.

"Not all mental distress needs a medical approach. If more people are accessing support early, before they require more intense clinical support, this not only leads to better outcomes for individuals, but also alleviates some of the pressure on the services that are currently struggling to cope with increasing demand. As a result, when people do need more intense levels of supports, they are more quickly and easily able to access them."

Royal Flying Doctor Service Tasmania's CEO, John Kirwan, agreed that more needed to be done to ensure Tasmanians were accessing the support early, noting that stigma continues to be a significant barrier for many people.

"It's important that we empower all Tasmanian's to better understand and value their own mental health and wellbeing, and the many factors that influence it – both positively and negatively. But more than that, we need to also ensure that they feel safe and supported to reach out for help to get back on track when they notice that their mental health and wellbeing has taken a dip," said Mr. Kirwan.

"The best outcomes come from providing successful preventative programs. As with other health conditions, early detection and treatment will also improve outcomes. To achieve this, we need to address the stigma barrier."

The Tasmanian State Government committed funding during the 2021 state election to a mental health literacy campaign, which would be complimented by MHCT's new proposed campaign to reduce stigma and encourage people to seek help early when they notice their mental health is waning.

More information about MHCT's federal election advocacy campaign can be found via www.mhct.org/election2022

Lifeline: 13 11 14 www.lifeline.org.au

Suicide Call Back Service: 1300 659 467

www.suicidecallbackservice.org.au

beyondblue: 1300 22 4636 www.beyondblue.org.au

#### **ARNOL PROJECTS**

CONTAINER CABINS -OUR DESIGN OR YOURS



Dale Arnol - 0417 332 988 arnolprojects@bigpond.com

> Phone/fax: 6257 8288 41 Maria Street, Swansea.

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Qualified trade persons NO JOB TOO BIG OR SMALL ABN 74 648 177 056

# FOR SALE

(Swansea area)



Two (2) rustic bed side cabinets \$25 each Phone Rob. 6257 8002

# 2022 **FEDERAL ELECTION**

# **SATURDAY** 21<sup>ST</sup> MAY

POLLING PLACES **OPEN CLOSE** 8AM 6PM

LOCATIONS OF POLLING PLACES FOR THE GLAMORGAN-SPRING BAY COUNCIL AREA.

BICHENO WAR MEMORIAL HALL 78 BURGESS ST **BICHENO** 

COLES BAY COMMUNITY HALL **60 HAROLD ST COLES BAY** 

ORFORD PRIMARY SCHOOL 35 CHARLES ST ORFORD

**SWANSEA TOWN HALL** 12 FRANKLIN ST **SWANSEA** 

> TRIABUNNA HALL 3 VICARY ST. **TRIABUNNA**

VOTING IS COMPULSORY

From www.aec.gov.au/election/

This is a SIZE 1 (6cm x 3cm) costs \$6 (personal/club) or \$7.50 (business) per issue

> Discounts apply for multiple issues





Jen

#### FREE-RANGE PORK

PIG-IN-A-BOX BUTCHERED. PACKAGED, DELIVERED **25KG HALF PIG \$330** 

CALL 0459 080 201 OR



Bridgewater - 62122150

Longford - 63242070 7A Wellington Street

**Cove Hill Shoping Centre** 

# Timber Joinery

Windows • Doors • Gates • Stairs • Machining & Moulding • all profiles



Peter 0447 758 116





Tim & Lorraine Vincent Earthmoving & Landscaping

#### **SWANSEA BOBCAT**

swanseabobcat89@gmail.com 0427 794 248

89 Gordon St Swansea 7190

# FOR HIRE

- Skid steer bobcat—4 ton
- Excavator & Tipper
- Slashing/clearing/ driveways
- House sites/landscaping
- Laser levelling
- Plumbing/electrical/ drainage
- Post holes

FREE QUOTES



Swansea & Bicheno visiting every week

Do your kids complain of Sore feet or Leg Pain?

We Can Help!

## No Referral Necessary

Accepting Private Residents, , DVA Card Holders and Medicare Referrals

(03) 6732 7838



# THE PUZZLE PAGE

THIS WEEK'S CROSSWORD No 19.2022 By Rob Gaspari



# 1 2 3 4 5 6 7 8 3 4 5 6 9 10 11 11 11 12 12 14 14

#### THIS WEEKS SUDOKU

1			4	6	8			9
9		6	5			3		7
		2	9				4	
	5				4	7		
2		4				9		6
		8	1				2	
	7				1	8		
8		1			9	5		3
3			8	2	7			4

**ALL ANSWERS ON PAGE 7** 

#### **Across Clues**

- 1) Purchase [3]
- 3) Oxygenated [7]
- 7) Munificent [9]
- 9) Of a student [9]
- 10) Throttler [9]
- 12) Bearing a design [9]
- 13) Spectacles [7]
- 14) Utter [3]

**Down Clues** 

- 2) Lad [5]
- 4) A direction in a book to some other work [9]
- 5) Agree total [5]
- 6) Conveyed [9]
- 7) Conferring upon [9]
- 8) Puts up with [9]
- 10) Above [5]
- 11) Food fish [5]



## FUNNY BITS



# SPORT & WEATHER



#### Swansea Golf Club

#### *Results – 14th May 2022*

Morris Memorial – Qualifying Round

Winner: Chris Whelan 39 Points
Runner-up: Jack Hardcastle 37 Points
Third: Jason Kerrison 36 Points

**Nearest the Pins:** 4/13 – Steve Dart, 8/17 – Athol Tubb

**Super Pin:** 7/16 - Max Hall

Next week's competition is FOBS at Swansea

#### Ladies' Mid-week – Open Day Canadian Foursomes

Wednesday 11th May 2022

Winners - Visitors: Lynne Crockett & Karen Reed 81 / 60.5 Runners - Up: Sue Richardson & Jill Baker 75 / 65.5 Winners - Swansea: Sally Siepen & Alison Smith 82 / 64.5 Pip Cardno & Angela Dixon 98 / 66.5

Nearest the Pin:

Visitors: 4 & 13 – Bec Moles,

7 & 16 – Carol van de Velde

**Swansea:** 7/16 – Angela Dixon

#### Chicken Runs

Wednesday 11th May

Stewart Moore 27.5 Keith Breheny 31.5

**Putts:** Stewart Moore 11

Friday 13th May

Steve Dart 29.5 Ricky Wright 33

Putts: Jan Darke 14



Swansea Winners – Alison Smith & Sally Siepen



Visitor Winners – Lynne Crockett & Karen Reed

Results supplied by Kathy Dance (sec)

#### REMINDER

SWANSEA GOLF CLUB JUNE LONG WEEKEND TOURNAMENT Friday, 10th – Saturday 11th – Sunday 12th – Monday 13th REGISTRATIONS DUE 8th JUNE WATERLOO POINT – 15% DISCOUNT ON ACCOMMODATION

# The 5-Day Glamorgan-Spring Bay Weather Forecast from Bureau of Meteorology

# **Bicheno**

Tue. 17 May	Wed. 18 May	Thu. 19 May	Fri. 20 May	Sat. 21 May
Partly cloudy.				
15 °C				
8 °C	9 °C	7 °C	9 °C	8 °C

# Orford/Triabunna

Tue. 17 May	Wed. 18 May	Thu. 19 May	Fri. 20 May	Sat. 21 May		
<b>A</b>						
Cloudy.	Shower or two.	Partly cloudy.	Partly cloudy.	Partly cloudy.		
14 °C	13 °C	14 °C	14 °C	14 °C		
7 °C	6 °C	6 °C	7°C	6 °C		

# Coles Bay

Tue. 17 May	<b>Wed.</b> 18 May	Thu. 19 May	Fri. 20 May	Sat. 21 May		
Partly cloudy.	Possible shower.	Partly cloudy.	Partly cloudy.	Possible late shower.		
15 °C	14 °C	14 °C	14 °C	15 °C		
7°C	8 °C	7°C	8 °C	8 °C		

# Swansea

Tue. 17 May	Wed. 18 May	Thu. 19 May	Fri. 20 May	Sat. 21 May
Partly cloudy.				
14 °C	13 °C	14 °C	14 °C	15 °C
6°C	7 °C	6 °C	7 °C	6 °C